

LOCH OSSIAN LOOP

Distance: 9 miles (14km)

Start/finish: Corroul Station, PH30 4AA

Terrain: Gravel path, track

Toughness: Easy

Ascent: 122 metres

Navigation: Easy

Good for: Really wild, wild swimming

Route info: wildrunning.net/138

A wonderful, gentle run on good paths around a stunning loch in a remote and spectacular location. From Corroul railway station, run along a dirt track following signposts east towards Tulloch, aiming for the Youth Hostel on the shores of the loch. From here, follow the path that loops the loch in either direction. The path provides great running on firm ground with some rougher, muddier terrain on the southern shore. This route is accessible only by a scenic train ride to Corroul Station. Accommodation is available at the SYHA Loch Ossian Hostel, from where there are many miles of trails and hills to explore. Much of the surrounding terrain is wet and boggy, but nonetheless this is enjoyable running in a fantastic location.

Miles	Km	Directions
0.0	0.0	From Corroul station head east along dirt track towards Tulloch and youth hostel
0.8	1.4	On reaching loch turn left and head along northern shore
4.5	7.3	On reaching shooting lodge at north-eastern tip of loch, head back along southern shore to return to youth hostel and start
8.0	12.9	Arrive at track junction, turning left to return to station