

## TEMPLER WAY

Distance: 17.5 miles (28km)

Start: Haytor Visitor Centre, TQ13 9XT

Finish: Teignmouth

Terrain: Moorland, trail, road

Toughness: Easy to moderate (tougher in reverse direction)

Ascent: 250 metres

Navigation: Easy (waymarked)

Good for: Moorland, woodland, coast

Route info: [wildrunning.net/15](http://wildrunning.net/15)

Exhilarating run with breathtaking views, following the old winding granite tramway through woodland and river valleys, passing old quays and locks and finishing along the estuary foreshore. Follow waymarkers from visitor centre, crossing road and heading R around bottom of Haytor Rocks. Descend to beautiful Yarner Wood, to join main road at Edgemoor Hotel. Continue on original tramway through Brimley to the Ventiford Basin, through Stover Park and along quiet lanes. Follow Stover canal to Newton Abbot town quay then on to Teign estuary path to Teignmouth. CAUTION Only run the estuary path at low tide or take local lanes. Return by bus via Newton Abbot to Bovey Tracey.

Miles	Km	Directions
0.0	0.0	Leave Visitor Centre and head <b>west</b> up hill to Haytor rocks
0.4	0.7	Head <b>north east</b> past quarries to join old granite tramway, following this <b>east</b> down hill to reach the road
1.5	2.5	Follow path alongside road, continuing down hill
2.4	3.8	Stay on path, leaving road and heading <b>north</b> into Yarner Wood
2.6	4.2	Continue along path <b>east</b> then <b>north east</b> contouring around hill
3.7	6.0	On reaching houses head <b>south</b> to reach road
3.9	6.3	Turn <b>left</b> onto road and follow down hill to cross roads and hotel. Turn <b>right</b> at cross roads and continue along road <b>south east</b>
4.7	7.6	Turn <b>left</b> off road onto footpath and follow <b>south east</b> crossing one road
5.1	8.2	Turn <b>right</b> on road, heading <b>south</b>
6.1	9.8	Turn <b>left</b> off road into Great Plantation and follow path trending <b>south east</b> to reach A38 roundabout. Cross straight over into Stover Country Park
7.7	12.4	Follow footpath <b>east</b> around northern shore of lake until reaching lane
8.6	13.9	Turn <b>right</b> onto lane and follow <b>south east</b>
9.1	14.6	Turn <b>left</b> off lane under bridge and continue along footpath to river. Follow footpath <b>south east</b> alongside river
9.8	15.8	Follow footpath across field <b>south west</b> to reach old canal. Follow eastern bank of canal path <b>south east</b> to road
10.8	17.3	Cross canal on road bridge and continue to follow canal path on western bank
11.9	19.1	Cross A383 and continue to follow canal path <b>east</b>
12.9	20.7	Head <b>east</b> under road bridge, following path along southern shore of estuary
17.2	27.6	Ferry departs from Sheldon beach, crossing to Teignmouth (road bridge alternative)

