

## HARTLAND POINT

Distance: 6.5 miles (10km)

Start/finish: Hartland Quay car park, EX39 6DU

Terrain: Coast Path, footpath, road

Toughness: Moderate to challenging

Ascent: 433 metres

Navigation: Moderate

Good for: Coast, views, geology

Route info: [wildrunning.net/17](http://wildrunning.net/17)

This circular run starts and finishes on Hartland Quay with its impressive rock formations, and takes in the stunning Coast Path, unusual geology and abundance of flora and fauna of this area. A scrambly detour down to Blegberry Beach, with its sandy channels and clear, anemone-filled rockpools, is well worth the effort. From Rocket House, near to the attendant's hut at Hartland Quay, follow the Coast Path E then N, passing Hartland Point with its lighthouse. On reaching a car park below radar station tower, bear R up a lane. Pass heliport and follow signs to Blegberry, then Stoke. Pass L of the church, before following the footpath through fields and back to Hartland Quay.

Miles	Km	Directions
0.0	0.0	From Hartland Quay car park follow Coast Path <b>east</b> then <b>north</b> towards Hartland Point
1.3	2.1	Pass Blegberry Beach (optional scramble to beach). Continue <b>north</b> along Coast Path
3.0	4.9	Turn <b>right</b> off Coast Path and head <b>south</b> along footpath through Blagdon Farm towards Blegberry
3.9	6.3	At Blegberry turn <b>right</b> onto lane and then first <b>left</b> , heading <b>south</b> towards Stoke, passing Hartland Abbey and crossing Abbey River
5.4	8.7	In centre of Stoke turn <b>right</b> and head <b>west</b> onto lane to return to Hartland Quay