

## WENDOVER WOODS

Distance: 6.5 miles (10km)

Start/finish: Wendover station, HP22 6BN

Terrain: Trail

Toughness: Easy

Ascent: 204 metres

Navigation: Moderate

Good for: History, woodland

Route info: [wildrunning.net/43](http://wildrunning.net/43)

An enjoyable run on well-maintained trails through the ancient beech woods covering Haddington Hill above Wendover, the highest point in the Chilterns, and Boddington Hill, site of an Iron Age hill fort. From the station head L along the High Street. After the final shop take R turn signposted 'ridgeway'. Follow ridgeway signs until reaching Wendover Woods. Leave ridgeway L then turn R onto bridleway. Continue on track downhill to reach road back to Wendover. Wendover Woods are also a great place for simply exploring or for families, with activities such as Go Ape, orienteering, a fitness trail assault course and an extensive children's play area.

Miles	Km	Directions
0.0	0.0	From station head <b>left</b> along High Street. After final shop take <b>right</b> turn signposted 'ridgeway'.
1.1	1.8	Follow footpath up hill, heading <b>east</b> into Wendover Woods
1.4	2.3	At track junction continue straight over, heading <b>north east</b> along ridge
2.0	3.2	At track junction turn <b>right</b> and follow trail <b>south east</b> contouring hill through woodland
3.0	4.8	Turn <b>left</b> onto ridgeway and then follow <b>right</b> to reach edge of woodland. Cross lane and head <b>south west</b> through Hale Wood
4.7	7.6	Reach lane and turn <b>right</b> , heading <b>north west</b> past Boswells Farm and continue along lane into Wendover