

WASDALE TO HONISTER

Distance: 10.5 miles (17km)

Start: Brackenclose car park (NT), Wasdale Head, CA20 1EX

Finish: Honister Pass

Terrain: Trail, fell, grass ridge, bog

Toughness: Challenging

Ascent: 1707 metres

Navigation: Moderate (dependent on visibility)

Good for: Ascents, wildlife

Route info: wildrunning.net/84

A challenging run, taking in nine beautiful and peaceful western fells. Except for Great Gable, these are some of the least visited and most tranquil Lakeland areas. Hardest climbs at the start; plenty of fine running over varied terrain throughout. From the start, turn L onto road and through gate, cross Lingmel Beck, head NW steeply up to Yewbarrow summit. Along ridge N towards Stirrup Crag, detour L at Dore Head to avoid rocky terrain. Continue over Red Pike (Wasdale), Steeple, Pillar, Kirk Fell, Great Gable, Green Gable, Brandreth, Grey Knotts. From here bear L to descend on grassy track along beck to quarry track and YHA. CAUTION: Navigation challenging in poor weather.

Miles	Km	Directions
0.0	0.0	From car park, turn left onto road and through gate, crossing Lingmel Beck and heading north west to ascend steeply to Yewbarrow summit
1.0	1.6	At Yewbarrow turn right and follow ridge north over Stirrup Crag, continuing north west off the summit to Red Pike, detouring left at Dore Head to avoid rocky terrain. Continue north west to summit of Steeple
3.5	5.7	From Steeple follow path north west along ridge over Wind Gap to Pillar
4.6	7.4	From summit of Pillar head south east following ridge, crossing Black Sail Pass and ascending to Kirk Fell
6.7	10.8	Continue on path east , then south east to Great Gable
7.9	12.7	From summit of Great Gable head north east to Green Gable and then north to Brandreth
9.1	14.6	From summit of Brandreth follow path north east over Grey Knotts, descending to finish at YHA at Honister Pass