

## 110. High Street

**Distance**      **6.5 miles/10.5km**

**Ascent**        **745 metres**

**Start/finish**    **Hartsop, CA11 0NZ**

From the end of the road in Hartsop turn R and cross Pasture Beck before following the path south-east up the valley. Climb the steep hillside at the head of the valley, turning L at the path junction at Threshthwaite Mouth and continuing up to the beacon at 784m. Bear L here onto High Street and follow this north-east past the trig point on Racecourse Hill. (A challenging extra loop can be added here by turning R onto the path over Mardale Ill Bell and then down past Small Water to Haweswater. Turn L and cross Mardale Beck then return to High Street on the path past Blea Water.) Back on the suggested route, continue along High Street keeping L along the ridge to The Knott at 739m. Turn L and follow the path steeply down to the northern end of Hayeswater. Turn R to head down Hayeswater Gill back to the start.

<b>Miles</b>	<b>Km</b>	<b>Directions</b>
0.0	0.0	From the end of the road in Hartsop turn R and cross Pasture Beck before following the path south-east up the valley. Climb the steep hillside at the head of the valley to a path junction at Threshthwaite Mouth NY425102.
2.1	3.4	Turn left continuing up to the beacon at 784m.
2.5	4	Bear left here onto High Street and follow this north-east to the trig point on Racecourse Hill.
3.4	5.5	Continue along High Street keeping left along the ridge to The Knott.
4.5	7.3	Turn left and follow the path steeply down to the northern end of Hayeswater.
5.3	8.5	Turn right to head down Hayeswater Gill back to the start.