

12 High Willhays

Distance **8 miles/12.5km**

Ascent **541 metres**

Start/finish **Meldon Dam car park, EX20 4LU**

Cross the dam and turn R onto the Meldon Reservoir shore path to the far end and then up the West Okement River to the woodland (2.1 miles/3.4km). Turn L and, leaving the main paths, run uphill past Black Tor to the summit of High Willhays. Turn L here and take the ridge path to the more prominent summit of Yes Tor (3.9 miles/6.2km). Either run straight back to the start on the vaguely pathed north slope of Yes Tor, or follow the path north-east towards West Mill Tor but take the larger track L before the summit and run downhill to the track at Black Down (5.2 miles/8.4km). Turn L and run generally north-west back to the dam and the start.

Miles	Km	Directions
0.0	0.0	From car park head south east to cross dam and turn right to follow the southern shore of Meldon Reservoir.
1.2	2	At southern end of reservoir join West Okement River, following this south along its eastern bank.
2.1	3.4	Just before woodland turn left and head east, ascending steeply to Black Tor.
2.5	4	Continue east ascending to High Willhays.
3.3	5.3	At High Willhays summit turn left and follow obvious track north to Yes Tor.
3.9	6.3	Follow path north east down hill, passing to the west of West Mill Tor, continuing north to reach main track at Black Down.
5.2	8.4	Turn left on track and head south west, contouring north western slopes of Yes Tor.
6.5	10.5	Head north on track around Longstone Hill then west to descend back to Meldon Reservoir and start.