

121. Simonside Hills

Distance **12 miles/19km**

Ascent **605 metres**

Start/finish **Lordenshaw car park, NE61 4PU**

From the car park follow the main path south-west, bearing R up to the ridge and over The Beacon. Continue along the ridge over Dove Crag and then to Simonside at 430 metres. Run down the other side along the path heading west through woodland and out onto the Simonside Hills beyond. Turn L onto high ground over Tosson Hill to reach a path junction below Whitfield Hill. Turn L, following the bridleway south-east through Harwood Forest to a junction at Fallowlees on the south-eastern edge of the wood. Turn L again onto St Oswald's Way, following this north through woodland then bearing R over moorland back to the start.

Miles	Km	Directions
0.0	0.0	Follow the main path south-west, bearing right up to the ridge and over The Beacon, continue along the ridge over Dove Crag and then to Simonside.
1.9	3	Run down the other side along the path heading west through woodland to the far boundary.
2.6	4.2	Turn left and follow the path west up Tosson Hill and down to the path junction near Whitefield Hill.
4.7	7.5	Turn left following the bridleway south-east through Harwood Forest to a junction at Fallowlees on the south-eastern edge of the wood.
7.8	12.5	Turn left again onto St Oswald's Way, following this north through woodland then bearing R over moorland back to the start.