

124. Lindisfarne

Distance 4.5 miles/7km

Ascent 42 metres

Start/finish Lindisfarne Priory, TD15 2SH

From the priory, follow the road back to the west coast and turn L onto the coast path, which is also St Cuthbert's Way, passing some houses to reach the south coast. Turn L and follow the coast east, turning R onto the road to the castle. Take the path to the L of the castle and run out to Castle Point in the south-east corner of the island. Turn L here, still on the coast but now heading north past the lough to the north-east corner known as Emmanuel Head. Turn L here, heading west and then L again to follow the west coast back to the road. Turn L onto the road to return to the start.

Miles	Km	Directions
0.0	0.0	Follow the road back to the west coast and turn left onto the coast path following it south to the southern coast.
1	1.6	Turn left and follow the coast east, turning R onto the road to the castle.
1.7	2.7	Take the path to the left of the castle and run out to Castle Point in the south-east corner of the island.
2	3.2	Turn left still on the coast but now heading north past the lough to the north-east corner known as Emmanuel Head.
2.9	4.7	Turn left here, heading west and then left again to follow the west coast back to the road.
4.3	7	Turn left to return to the start.