

129. St David's Head

Distance 5 miles/8km

Ascent 490 metres

Start/Finish Whitesands Bay, SA62 6PS

Turn R out of the car park following the Wales Coast Path north out to St David's Head. Continue on the coast path past Coetan Arthur, trending north-east to Penllechwen (2.5 miles/4km). Turn inland, following a zig-zagging path to the saddle between Carnedd-Ileithr and Carn Perfedd, detouring to the top of either for fantastic coastal views. Then continue south, turning R at the bottom of the hill and L at the next junction. Turn R at Treleddyd-fawr Farm and follow the path to reach Llaethdy. Turn R here, then L below the burial chambers on Carn Llidi Bychan (another worthwhile detour). Turn L past Upper Porthmawr and back to the B4583, turning R to return to the start.

Miles	Km	Directions
0.0	0.0	Turn right following the Wales Coast Path north out to St David's Head.
1.1	1.7	Continue on the coast path east past Coetan Arthur and trending north-east to Penllechwen.
2.5	4	Turn inland, following a zig-zagging path to the saddle between Carnedd-Ileithr and Carn Perfedd.
3.4	5.4	Continue south, turning right at the bottom of the hill and left at the next junction and follow the path to Treleddyd-fawr Farm.
3.9	6.2	Turn right and follow the path to reach Llaethdy.
4.3	6.9	Turn right here, then left below the burial chambers on Carn Llidi Bychan. Follow this path past Upper Porthmawr and back to the B4583.
4.8	7.7	Turn right and follow the road back to the start.