

134. Waun Fach

Distance **17.5 miles/28km**

Ascent **1093 metres**

Start/Finish **Red Lion pub, Llanbedr, NP8 1SR**

From the pub head east past the church following a no-through-road and then footpath north to join the Beacons Way. Bear L here and then turn L at the next junction and continue to reach a road. Turn L onto this then R, still on the Beacons Way, heading south-west towards Table Mountain. Turn R before this, leaving the Beacons Way and ascending to the trig point at the summit of Pen Cerrig-calch. Continue straight on, following the ridge as it curves R to the next trig point on Pen Allt-mawr. Continue following the ridge north running past Pen Twyn Glas and over Mynydd Llysiu before curving R to Waun Fach at 810 metres (9.3 miles/15km). Follow the ridge to the south-east over Pen y Gadair Fawr then along the edge of the forest past Pen Twyn Mawr to the south-western corner of the forest near Crug Mawr. Stay on the Beacons Way curving R and dropping down the ridge to the road and outbound route, turning L onto the road to return to the start.

Miles	Km	Directions
0.0	0.0	Head east past the church following a no-through-road to a left turn onto a footpath where you join the Beacons Way.
0.9	1.5	Bear left following the path north then turn left at the next junction and continue to reach a road.
1.6	2.5	Turn left onto this then right, still on the Beacons Way, heading south-west to a path junction at SO225210 north of Table Mountain.
2.5	4.1	Turn right, leaving the Beacons Way and ascending to the trig point at the summit of Pen Cerrig-calch.
3.5	5.7	Continue following the ridge as it curves right to the next trig point on Pen Allt-mawr.
5	8.1	Continue following the ridge north running past Pen Twyn Glas and over Mynydd Llysiu before curving right to Waun Fach.
9.3	15	Follow the ridge to the south-east to Pen y Gadair Fawr.
10.6	17	Continue south-east along the edge of the forest past Pen Twyn Mawr to the south-western corner of the forest near Crug Mawr.
14.7	23.7	Stay on the Beacons Way curving right and dropping down the ridge to the road.
16.7	26.9	Turn left and follow the road back to the start.