

## 14 Roadford Lake

**Distance**      **13.5 miles/21.5km**

**Ascent**        **425 metres**

**Start/finish**    **Headson car park, EX20 4JR**

Turn R onto the road then L on a bridleway past Breazle Farm and north to a road. Cross this and follow footpaths across fields, through woodland and over the River Wolf then uphill to the road in Eworthy (3.2 miles/5.2km). Turn R onto the road then L, then R. Turn R at the crossroads onto this slightly busier road north to a forestry road junction (4.7 miles/7.6km). Turn L into Witherdon Plantation, R at the next T junction and continue south-west through the woodland to the second R to reach the road at Thorn Barrow (6.5 miles/10.4km). Turn L onto the road to Ivyhouse Cross, turn L here then take the bridleway L past Westweek Barton and across a couple of fields to reach the road near Germansweek (10.1 miles/16.3km). Turn L onto the road then R into the village. At the church turn R, along a footpath south-west to the road. Cross the bridge then take the bridleway R along the lakeside back to the start.

Miles	Km	Directions
0.0	0.0	Turn right onto the road and then left after a short distance onto a bridleway heading generally north-east past Breazle Farm and then more north to the road near Redstone. Turn left onto this and then right onto a footpath north past Week's Mill to the road at Eworthy.
3.2	5.2	Turn right onto the road and follow it then L, then R. Turn R at the crossroads onto this slightly busier road north to a forestry road junction.
4.7	7.6	Turn left into Witherdon Plantation, right at the next T junction and continue south-west through the woodland to the second right to reach the road at Thorn Barrow.
6.5	10.4	Turn left onto the road to Ivyhouse Cross, turn left here then take the bridleway left past Westweek Barton and across a couple of fields to reach the road near Germansweek.
10.1	16.3	Turn left onto the road then right into the village. At the church turn right, along a footpath south-west to the road.
11	17.8	Turn left onto the road and cross the bridge. Turn right onto a footpath and follow the lakeside path in a loop out to the headland and then back to the road. Turn right and follow the road or paths parallel to the road back to the start.