

### 141. Coed-y-Brenin

**Distance**        **9 miles/14km**

**Ascent**         **760 metres**

**Start/Finish**    **Coed-y-Brenin visitor centre, LL40 2HZ**

This route follows the clearly waymarked Goldrush trail clockwise from the main Coed-y-Brenin visitor centre. Maps of the different trails are available, allowing endless variations on the route.

From the start head south-east on trail then bear L climbing steeply, before turning south and heading back down to reach the road by the Afon Mawddach. Cross on a footbridge and go up the hill on the other side. Recross the river and road further south-west then run up the western edge of the woods back and back to the visitor centre to finish.

<b>Miles</b>	<b>Km</b>	<b>Directions</b>
0.0	0.0	Head south-east on trail then bear left climbing steeply, before turning south and heading back down to reach the road by the Afon Mawddach.
3.4	5.4	Cross on a footbridge and follow the trail up the hill on the other side and then right and back down to the river and road.
6.8	11	Recross the river and road further south-west then run up the western edge of the woods back and back to the visitor centre to finish.