

151. Nantlle Ridge

Distance **14 miles/22.5km**

Ascent **2342 metres**

Start/Finish **Rhyd-Ddu car park, LL54 6TN**

From the start cross the A4085 and follow the straight path to the north of Llyn y Gader. Turn R after the footbridge then L at the junction with the B4418, turning straight onto a bridleway heading south-west up onto the mountainside. Turn R onto open mountainside and ascend Y Garn to the cairn at 633 metres. Turn L on the ridge and follow it south over Mynydd Drws-y-Coed and around to the R, across the col and up to Mynydd Tal-y-Mignedd at 653 metres (3.2 miles/5.1km). Turn L on the ridge south and around to the R over Bwlch Dros-bern and above Craig Pennant to the cairn at 734 metres. Follow the trail south-west from here above Craig Cwm Silyn to Garnedd-goch at 700 metres (5.3 miles/8.6km). Finally continue in the same direction downhill, turning L and climbing to Bwlch Cwmdulyn. Head R along the ridge (west) to the final summit of Mynydd Graig Goch at 610 metres (6.8 miles/11km). Turn around and retrace the route to the start.

Miles	Km	Directions
0.0	0.0	Cross the A4085 and follow the straight path to the north of Llyn y Gader. Turn right after the footbridge to reach the B4418 at a sharp bend.
0.4	0.6	Turn left and follow a bridleway heading south-west up onto the mountainside. Turn right onto open mountainside and ascend Y Garn.
1.6	2.6	Turn left on the ridge and follow it south to Mynydd Drws-y-Coed.
2.2	3.6	Continue around to the right, across the col and up to Mynydd Tal-y-Mignedd.
3.2	5.1	Turn left on the ridge south and around to the right over Bwlch Dros-bern and above Craig Pennant to the cairn at 734 metres.
4.3	6.9	Follow the trail south-west from here above Craig Cwm Silyn to Garnedd-goch.
5.3	8.6	Finally continue in the same direction downhill, turning left and climbing to Bwlch Cwmdulyn then turning right and ascending to the final summit of Mynydd Graig Goch.
6.8	11	Turn around and follow the ridge back to the start.