

167. Arthur's Seat

Distance **3 miles/5km**

Ascent **340 metres**

Start/Finish **Dunsapie Loch layby, EH8 8JD**

Head west uphill on one of the obvious paths, and trend L to reach the trig point on Arthur's Seat at 251 metres. Descend to the L or south over the smaller hill at 237 metres and onto the path to the south. Turn R and follow this around and down to the terrace path below Salisbury Crag. Take this path around Holyrood Park in a clockwise direction, to a path junction just south of St Margaret's Loch. Turn R and follow the dry dam uphill and around to the L on the hill north of Arthur's Seat. Turn L to return to the start. An enjoyable extra loop can be run by turning L and following the road past Dunsapie Loch, then R away from the road and around the small fort hill back to the road, then turning R back to the start.

Miles	Km	Directions
0.0	0.0	Head west uphill on one of the obvious paths, and trend left to reach the trig point on Arthur's Seat.
0.5	0.8	Descend to the left or south over the smaller hill and onto the path to the south. Turn right and follow this around and down to the start of the terrace path below Salisbury Crag.
0.9	1.5	Take this path around Holyrood Park in a clockwise direction, to a path junction just south of St Margaret's Loch.
2	3.2	Turn right and follow the dry dam uphill and around to the left on the hill north of Arthur's Seat. Turn left to return to the start.
2.5	4.1	Turn left and following the road past Dunsapie Loch, then right away from the road and around the small fort hill back to the road, then turning right back to the start.