

17 Heddon Valley

Distance **6 miles/9.5km**

Ascent **960 metres**

Start/finish **The Hunters Inn, EX31 4PY**

From the National Trust Hunters Inn strike north on the path, taking the R higher path which climbs slowly through woodland to the highest point of the route above Highveer Point. Follow the path as it turns R and hugs the coast east past the Beacon, then reaches a road above Woody Bay (2.5 miles/4.1km). Turn L onto the road downhill until you can turn L onto the South West Coast path at SS 679487 (3 miles/4.9km). Take the coast path west below and in the opposite direction to the higher path you took on the outbound journey. It turns sharp L up the Heddon valley and back to the start.

Miles	Km	Directions
0.0	0.0	Take the higher path to the right of the Hunters Inn heading north towards the sea but diverting east around Hill Brook before reaching the headland above Heddon's Mouth. Follow the path around to the right and east past Hollow Brook to the edge of West Woodybay Wood.
2	3.3	Continue on the path as it curves to the right in the wood and reaches the road at a very sharp bend. Join the road following it downhill to a left turn onto the South West Coast Path above the Hotel at SS679487.
3	4.9	Follow the coast path which runs along a lower path on the cliff west back to the headland above Heddon's Mouth. Follow the path inland up Heddon Valley and back to the start.