

### 177. Birks of Aberfeldy

**Distance**        **3 miles/4.5km**

**Ascent**         **320 metres**

**Start/Finish**    **Aberfeldy Square, PH15 2DA**

From the square in central Aberfeldy follow the main road west then turn L, signed to the Birks, and run through a small park and up to the A826. Cross this and run through the car park on the R and come to the Moness Burn. A little further upstream cross the bridge to the L and follow the eastern bank of the Moness Burn uphill through the woodland. Pass the viewpoint of the waterfall and then turn R across a small footbridge at the top of the gorge. Follow the west side back down heading north across the waterfall bridge and back down to the start.

<b>Miles</b>	<b>Km</b>	<b>Directions</b>
0.0	0.0	Follow the main road west then turn left, signed to the Birks, and run through a small park, across the river and up to the A826.
0.2	0.4	Cross this and run through the car park on the right and come to the Moness Burn, turn left to reach a footbridge over the burn.
0.5	0.8	cross the bridge and turn right following the eastern bank of the Moness Burn uphill through the woodland to the view point of the waterfall.
1.3	2.1	Continue up the path to the top of the gorge where the path bends around to the right over some raised walkways and down to a bridge over the waterfall.
1.4	2.3	Cross and turn right following the path down the west side of the gorge back to the car park and outbound path.
2.2	3.6	Continue down the path through the car park and back to the start.