

20 Exe Estuary Trail

Distance **19 miles/30km**

Ascent **241 metres**

Start **Exmouth Station, EX8 1BZ**

Finish **Starcross Station, EX6 8NY**

From Exmouth Station head south along the road, R at the roundabout onto Imperial Road then R onto the East Devon Way. Follow this R and up the estuary path going north-west. At Lypstone either go slightly inland on the East Devon Way or stay closer to the estuary on the road. Continue on the trail crossing the River Clyst into Topsham and along roads L back to the river. Turn R onto the riverside path under the motorway and stay on the northern bank of the River Exe all the way into Exeter (10 miles/16km). Cross the suspension footbridge and skirt the southern shore, cross the first bridge L then run along the east bank of the canal to Countess Wear Bridge (12.1 miles/19.5km). Cross the canal using the road bridge and take the western shore path on the Exe Valley Way under the motorway to the Turf Locks pub. Cross the canal onto the riverside path south to Starcross Station.

Miles	Km	Directions
0.0	0.0	From Exmouth Station head south along the road, right at the roundabout onto Imperial Road then right onto the East Devon Way. Follow this right and up the estuary path going north-west to Lypstone.
1.9	3.1	Follow the path as it turns right and crosses the railway then turn left leaving the East Devon Way and following a footpath north to the main road in Lypstone. Turn left onto the road then right at the main turning then left onto a path which crosses the railway again and brings you back to the river side. Turn right and follow the river path north through Exton and across the River Clyst to the road above the Bridge Inn in Topsham.
5.6	9	Turn left on a path which crosses the railway and heads generally west through Topsham to the river side. Turn right onto the riverside path and follow it north-west, under the M5 and along the river to the A379.
7.6	12.2	Carefully cross the road and follow the smaller road opposite staying left and following the course of the river. Turn left onto a path away from the houses joining a cycle path and crossing the river then re-crossing at the river junction and continuing on the cycle path heading north-west into Exeter. Reach the quay area and cross the River Exe on the white pedestrian suspension bridge.
9.9	16	Turn left and follow the southern bank of the river south-east crossing a footbridge and following the eastern bank of the canal along the towing path past the Lock Inn to the A379.
12.1	19.5	Cross the road and the canal and re-join the tow path on the southern side of the canal, follow it south-east under the M5 to the end of the canal at the Turf Lock pub.
15.1	24.3	Cross the canal and join the riverside path heading generally south on a raised bank. Follow this past Powderham Castle and into Starcross where you will find the railway station on the river side.
		Trains can be caught from here into Exeter and then out to Exmouth to return to the start, or there is a seasonal ferry that runs from Starcross to Exmouth.

