

29 Ashton Court

Distance **3.5 miles/5.5km**

Ascent **154 metres**

Start/finish **Church Lodge car park, BS41 9JH**

Set off north from the car park and turn L onto the open common area, taking paths north-west uphill to reach a track. Turn L, running south-west parallel to the road to a sharp corner at ST 541711 (1mile/1.7km). Turn R then R at the next junction, trend L now to the main track along the edge of the golf course, turn R on this and follow it to the path junction at ST 554723 (2.4 miles/3.8km). Turn R onto the path to Ashton Court, stay R of the buildings and choose the smaller path through woodland to the open area at the beginning of the run. Turn L and return across it to the start.

Miles	Km	Directions
0.0	0.0	Set off north from the car park and turn left onto the open common area, taking paths north-west uphill to reach a track. Turn left, running south-west parallel to the road to a sharp corner at ST541711.
1	1.7	Turn right around the sharp bend then right at the next junction. Trend left to the main track along the edge of the golf course, turn right on this and follow it to the path junction at ST554723.
2.4	3.8	Turn right onto the path to Ashton Court, stay right of the buildings and choose the smaller path through woodland to the open area at the beginning of the run. Turn left and return across it to the start.