## 51. Bradwell Cockle Spit

Distance 6.5 miles/10km

Ascent 34 metres

Start/finish Eastlands Country Park, CM0 7PP

Follow the track east to the coast, L along the coast path then west along the River Blackwater to the power station. Pass the power station and continue on the coast to the end of Waterside Road in Bradwell Waterside (3.9 miles/6.2km). Follow the road inland and onto a footpath at the sharp bend. Follow the path south-east across fields to a road junction at Down Hall. Turn R and follow the road south into Bradwell On Sea. Turn L onto East End Road and follow this back to the start.

Miles	Km	Directions
0.0	0.0	Follow the track east to the coast path.
0.6	0.9	Turn left and follow the coast path north then west to the power station.
2.9	4.7	Follow the coast path past the power station and continue to the end of
		Waterside Road.
3.9	6.2	Turn left and follow the road inland but continue onto a footpath where the
		road bends sharply right. Follow this path south-east to the road junction at
		Down Hall.
4.4	7.1	Turn right onto the road and follow it south to the Church in Bradwell on
		Sea.
4.8	7.8	Turn left onto East End Road and follow this back to the start.