

58. Dunwich Beach

Distance **9 miles/14.5km**

Ascent **118 metres**

Start/finish **Sizewell, IP16 4UD**

Head out towards the sea and turn L, running along the beach or the Suffolk Coast Path in front of the power station north until you reach the National Trust café and visitor centre (3.1 miles/5km). Turn L inland and trend L across heath to the end of a road (5.3 miles/8.6km). Turn L and follow the road south through Eastbridge where you fork L and continue on the road to a L turn to the Round House (6.3 miles/10.1km). Take this L and follow the track to the R and then south to a junction just north of the radio mast and car park on Lover's Lane. Turn L and follow the path R across the Sizewell Belts and Leiston Common to a junction on Sandy Lane. Turn R and follow the lane south-east to reach the road to the south of the power station, turn L here to return to the start.

Miles	Km	Directions
0.0	0.0	Head out towards the sea and turn left, running north along the beach or the Suffolk Coast Path in front of the power station until you reach the National Trust café and visitor centre.
3.1	5	Turn left inland and trend left across heath to a road.
5.3	8.6	Turn left and follow the road south through Eastbridge where you fork left and continue on the road to a left turn to the Round House.
6.3	10.1	Take this left and follow the track to the right and then south to a junction at TM453640 just north of the radio mast and car park on Lover's Lane.
7.1	11.4	Turn left and follow the path trending right across the Sizewell Belts and Leiston Common to a junction on Sandy Lane.
8	12.8	Turn right and follow the lane south-east to reach the road south of the power station, turn left here to return to the start.