72. Lickey Hills

Distance 5.5 miles/8.5km

Ascent 273 metres

Start/finish Lickey Hills Country Park, B45 8ER

Head south and uphill out of the car park on a path over Cofton Hill, then down to a larger path along its base and turn R following it across a footbridge and around to the L. Bear L, skirting the eastern edge of Pinfields Wood, then cross its southern tip behind some houses and run up its western edge to SO 994750 (2.1 miles/3.4km) where you cross Twatling Road. Follow the footpath opposite to Old Birmingham Road. Cross and run over the parkland via the obelisk to Monument Lane. Turn L on a footpath and bear R to the summit of Beacon Hill. Follow a path north down the other side and around to the R skirting the golf course to reach a track by Hillside House in the north-east corner of the country park. Turn R then L and then R onto a footpath heading south over the hill and down to Rose Hill road. Turn R on this road then L onto a path over Bilberry Hill and back to the start.

Miles	Km	Directions
0.0	0.0	Head south and uphill out of the car park on a path over Cofton Hill, then
		down to a larger path.
0.5	0.8	Turn right following the path west over a footbridge to a left turn.
0.6	1	Follow this path south along the eastern edge of the woodland and then
		right across the southern edge of the wood to the south-western point.
1.1	1.8	Turn right following the western edge of the wood north-west to the road
		at SO994750.
2.1	3.4	Turn left, crossing Twatling Road and following the footpath opposite to Old
		Birmingham Road. Cross and run over the parkland via the obelisk to
		Monument Lane.
2.4	3.8	Follow Monument Lane left or north-west to a path on the right.
2.8	4.6	Follow the path uphill and left to Beacon Hill.
3	4.9	Follow a path north down the other side and around to the right skirting the
		golf course to reach a track by Hillside House.
4.1	6.6	Turn right then left and then right onto a footpath heading south over the
		hill and down to Rose Hill road.
4.7	7.5	Turn right on this road then left onto a path over Bilberry Hill and back to
		the start.