

74. Rutland Water

Distance **15.5 miles/25km**

Ascent **237 metres**

Start/finish **Oakham Station, LE15 6RE**

Generally easy to navigate, keep the lake on the same side and start anywhere convenient on the lake shore.

From Oakham Station follow Station Road south and fork L onto Melton Road, follow this onto High Street then Catmos Street. For a clockwise route, turn left onto Stamford Road joining the Macmillan Way and follow the north shore to Barnsdale Hotel, where you fork R on the path away from the road. From here follow the lakeside path past Whitwell to the dam in the north-east corner. Follow the eastern shore past Edith Weston and then along the southern shore to the A6003 at Manton. Turn R and follow the western shore north past the bird watching centre and through Egleton, where you leave the lake and trend L on a path across the A6003 and onto the B641. Turn R here to return to the start.

Miles	Km	Directions
0.0	0.0	From Oakham Station follow Station Road south and fork left onto Melton Road, follow this onto High Street then Catmos Street to the turning left onto Stamford Road.
0.4	0.7	Turn left and joining the Macmillan Way follow the north shore to Barnsdale Hotel.
2.9	4.6	Bear right here staying on the lake side path past Whitwell to the Dam.
6	9.6	Turn right following the path along the dam and then right and down the eastern shore to Edith Weston.
8.2	13.2	Continue along the southern shore to the A6003 at Manton.
12	19.3	Turn right and follow the western shore north past the bird watching centre and into Egleton.
13.5	21.8	Turn left onto the road then right at the next junction heading north through the village and past the church to a left turn onto a footpath.
13.9	22.3	Follow the path north-west across fields and cross the A6003. Continue on a path in the same direction to the B641 south of Oakham.
14.7	23.7	Turn right and follow the road into Oakham bearing left at the junction to join the outbound route and return to the start.