

75. Chrome Hill and Parkhouse Hill

Distance 5 miles/8km

Ascent 554 metres

Start/finish Earl Sterndale, SK17 0BU

Follow the path west from the village, crossing the B5053 and turning R at the next two junctions, then follow a footpath through Glutton Grange and north to a path junction at SK 082677 (1.2 miles/2km). Turn L and follow the path to join the road up Dowel Dale. Continue on the road then turn L on a track to Stoop Farm. Follow the footpath L again skirting the edges of fields south-east and up the ridge of Chrome Hill. Continue along the ridge, descending the steep side and crossing another field and lane. Continue over Parkhouse Hill to the path near Glutton Grange, turning R then L to return to Earl Sterndale.

Miles	Km	Directions
0.0	0.0	Follow the path west from the village, crossing the B5053 and turning R at the next junction heading north to a path junction between Parkhouse Hill and Glutton Grange.
0.6	1	Turn right and follow the path through Glutton Grange and north to a path junction at SK082677.
1.2	2	Turn left and follow the path to join the road at the bottom of Dowel Dale.
1.7	2.7	Turn right following the road uphill to the farm track to Stoop Farm on the left.
2.5	4	Follow this track and turn left onto a footpath heading south-east along the edge of fields then up the ridge onto Chrome Hill.
3.3	5.3	Continue along the ridge, descending the steep side and crossing another field to a lane.
3.7	6	Cross the lane and climb up and over Parkhouse Hill to the path junction south of Glutton Grange and the outbound path. Turn right here to return to the start.