

8 Noss Mayo and Newton Ferrers

Distance **10 miles/16km**

Ascent **418 metres**

Start/finish **Church Road car park, PL8 1EH**

Head downhill from the start to the creek then follow Passage Road or the footpath in Ferry Wood west along Newton Creek to the Yealm estuary. Continue on the South West Coast Path around Gara Point, east past Warren Cottage and then curve north above Stoke Beach. Continue on the coast path past Beacon Hill and down the steep hill to Wadham Beach. At the top of the next hill turn L, leaving the coast path, and run along the track to the road (6.7miles/10.8km). Turn R onto the road, take the next L and then R onto a byway just before Lambside Cottages. Follow this north, then turn L at the next junction to the road at Membland. Take the road back to Bridgend. At high tide, turn L back to the start, or at low tide turn R, crossing into Newton Ferrers and across the tidal walkway back to the start.

Miles	Km	Directions
0.0	0.0	Follow the main road downhill from the start to the creek then follow Passage Road or the parallel footpath in the woodland to the left along the creek to the Yelm estuary. Continue past the ferry stop joining the South West Coast Path and following this generally west to Gara Point.
2.2	3.5	Stay on the coast path now following it south-east along the old carriageway past Warren Cottage and above Blackstone Point to Stoke Point.
4.8	7.7	Continue on the coast path as it heads north above the caravan park and past the remains of St Peter's Church to the end of the road by Stoke House. Follow the coast path to the right and follow it east to the small ruin at the top of Beacon Hill.
6.2	10	Pass the ruin and follow the coast path steeply downhill, through a gate and up a track to a junction at the top of the hill. Turn left here leaving the coast path and heading north-west to the road.
6.7	10.8	Turn right onto the road and follow it north-east. Take the first left down a smaller lane, around a left bend to a right turn onto a byway by Lambside Cottages. Follow this byway north to a road junction near Pool Mill Farm.
7.6	12.2	Turn left onto the byway and follow this to the road in Membland. Continue onto this following the road downhill to the junction at Bridgend.
8.9	14.4	At low tide follow the road to the right or north of the creek, stay left on the path along the creek and then cross on the tidal walkway to the Ship Inn in Noss Mayo, follow the outbound path uphill to the start. At high tide follow the road to the left or southern side of the creek, take the right fork and follow this road to the southern end of the creek in Noss Mayo, follow the outbound route uphill to the start.