

82. Crowden Clough

Distance **6.5 miles/10km**

Ascent **663 metres**

Start/finish **Edale Station, S33 7ZP**

Follow the road north, turn L at the start of the Pennine Way and follow it west across fields to Upper Booth. Turn R onto the track then R again after the bridge onto a small footpath following the Crowden Brook north up Crowden Clough. Some parts are scrambly if you stay in the brook's bed but can be avoided by using higher paths to the sides. Reach the top of the clough at SK 094872 (3.4 miles/5.5km) and join a path to the R (Crowden Tower is a short detour to the R from here). Follow this path east and then down into Grindsbrook Clough. The path follows the Grinds Brook back to Edale and the start of this route.

Miles	Km	Directions
0.0	0.0	Follow the road north, turn left at the start of the Pennine Way and follow it west across fields to Upper Booth.
2	3.3	Turn right and follow the road north over the bridge and right onto a small footpath following the Crowden Brook north up Crowden Clough to the top at SK094872.
3.4	5.5	Turn right and follow the path east and down into Grindsbrook Clough. The path follows the Grinds Brook back to Edale and the start of this route.