

86. Froggatt and Curbar Edge

Distance **10.5 miles/16.5km**

Ascent **302 metres**

Start/finish **Hay Wood car park, S32 3ZJ**

Follow the path south out of the car park up steps to the road. Cross carefully, and follow the path opposite south through woodland and out onto open moorland. Follow it along Froggatt Edge and then Curbar Edge to the road. Cross and continue on a path along Baslow Edge to a path junction. Turn L and follow this path past Wellington's Monument to the road. Cross and follow a path around to the L to a path junction at the corner of a wall near Swine Sty. Continue on the path north-west across Big Moor, past a trig point and curving to the R along White Edge to the road junction between the B6054 and the A625. Cross the A625 and follow the path onto Longshaw estate, passing Little John's Well and reaching the National Trust Longshaw Estate visitor centre and café. Turn L in front of the café and follow the path south-west through the estate and back to the A625. Turn R and follow the road briefly then take the path R past the Grouse Inn. Turn L at the junction in Hay Wood back to the start.

Miles	Km	Directions
0.0	0.0	Follow the path south out of the car park up steps to the road.
0.1	0.2	Cross and follow the path opposite south through woodland then along Froggatt Edge and then Curbar Edge to the road.
2.4	3.9	Cross and continue on a path along Baslow Edge to a path junction.
3	4.8	Turn left and follow this path past Wellington's Monument to the road.
3.9	6.3	Cross and follow a path around to the L to a path junction at the corner of a wall near Swine Sty. Continue on the path north-west across Big Moor to a trig point.
5.3	8.6	Continue curving to the right along White Edge to the road junction between the B6054 and the A625.
7.5	12	Cross the A625 and follow the path onto Longshaw estate, passing Little John's Well and reaching the National Trust Longshaw Estate visitor centre and café.
8.2	13.2	Turn left in front of the café and follow the path south-west through the estate and back to the A625.
9.4	15.2	Turn right and follow the road briefly then take the path right past the Grouse Inn. Turn left at the junction in Hay Wood back to the start.