

## 96. Fountains Fell

**Distance**        **9 miles/14km**

**Ascent**         **480m**

**Start/finish**    **Malham Tarn, BD24 9PT**

Follow the driveway towards the field centre but turn L onto the Pennine Way after the smiley barn on the L. Go through the gate and follow the Pennine Way north along the edges of fields to the road. Turn R onto the road then L on the track up to Tennant Gill Farm. Head to the L of the farm and uphill to the col, cairn and mine workings to the north-east of Fountains Fell (3.9 miles/6.3km). Turn L off the Pennine Way and follow the path marked by finger posts over the high point and down slightly to a wall. Turn L along the wall over Fountains Fell summit and south. The wall ends and you continue following the finger posts and the line of an old fence to the second wall that comes up from the valley on your L (6.1 miles/9.8km). Turn L and follow the wall downhill to a junction with a bridleway. Turn R on this and across the next two fields, turn L on Knowe Fell following the wall south-east back to the road. Turn R and follow it to a sharp L onto a track heading back to the start.

Miles	Km	Directions
0.0	0.0	Follow the driveway towards the field centre but turn left through a gate onto the Pennine Way shortly after the buildings on the left. Follow the Pennine Way north along the edges of fields to the road.
1.5	2.4	Turn right onto the road then left on the track up to Tennant Gill Farm.
1.7	2.7	Head to the left of the farm and follow the Pennine Way uphill to the col, cairn and mine workings to the north-east of Fountains Fell.
3.9	6.3	Turn left off the Pennine Way and follow the path marked by finger posts over the high point and down slightly to a wall.
4.3	7	Turn left along the wall over Fountains Fell summit and south to another wall.
5.2	8.4	The wall ends and you continue following the finger posts and the line of an old fence to the second wall that comes up from the valley on your left at SD867691.
6.1	9.8	Turn left and follow the wall downhill to a junction with a bridleway.
6.8	11	Turn right on this and across the next two fields, turn left on Knowe Fell following the wall south-east back to the road.
8	12.9	Turn right and follow it to a sharp left onto a track heading back to the start.