

## 98. The Wainstones

**Distance**      **9.5 miles/15km**

**Ascent**        **671 metres**

**Start/finish**    **Chop Gate car park, TS9 7JW**

Follow the road north to the junction then turn L onto a path uphill onto the ridge at Three Howes. Follow the ridge north to join the Cleveland Way at the 402m high point (2.7 miles/4.4km). Turn R on the Cleveland Way through Garfit Gap and up to Wainstones. Continue along the ridge over White Hill then curve R and descend to the B1257, Clay Bank. Cross the road and, still on the Cleveland Way, climb up onto Carr Ridge and follow this south-east to the trig point on Round Hill (6.2 miles/10km). Turn back on yourself then turn L, leaving the Cleveland Way and joining a bridleway heading west downhill. Cross the path junction near Medd Crag and continue down to the road at Blisdale Hall. Turn L and follow the road, staying L at the next two junctions to return to the start.

<b>Miles</b>	<b>Km</b>	<b>Directions</b>
0.0	0.0	Follow the road north to the junction then turn left onto a path uphill onto the ridge at Three Howes.
1.7	2.7	Follow the ridge north to join the Cleveland Way at the 402m high point at NZ550034.
2.7	4.4	Turn right on the Cleveland Way through Garfit Gap and up to Wainstones. Continue along the ridge over White Hill then curve R and descend to the B1257, Clay Bank.
4.3	6.9	Cross the road and, still on the Cleveland Way, climb up onto Carr Ridge and follow this south-east to the trig point on Round Hill.
6.2	10	Turn back on yourself then left, leaving the Cleveland Way and joining a bridleway heading west downhill to a path junction with a bridleway near Medd Crag at NZ573009.
7.7	12.4	Continue on the same path down to the road at Blisdale Hall.
8.4	13.5	Turn left and follow the road, staying left at the next two junctions to return to the start.